

VISION THERAPY SUCCESS!



Even though Christi was very bright, did well at her Mandarin immersion school and loved to read in 4th grade, she often resisted studying any extra assignments and said that the Chinese characters were just too small. Her teacher moved her to the front of the classroom because she often squinted and complained of headaches. I noticed that Christi was often grumpy and was easily frustrated with her violin lessons.

We took Christi to our family eye doctor and, to no surprise, he found that her prescription had doubled from the last time he had seen her just 6 months ago. He also determined that she had difficulty with her ability to change focus, which explained why she was having difficulty looking at the board after working up close. He referred her to Family Vision Care for further testing to determine the depth of the problem and the best treatment options. We just figured that Christi was getting more nearsighted and that she would just need another pair of glasses.

Dr. Hong's developmental vision evaluation opened the door to helping Christi in several ways. In addition to explaining our options on how to control her increasing nearsightedness (myopia), she also explained that Christi had problems with focusing and how her eyes were moving and working together when she was reading. We were glad that these problems were found early as I'm sure that Christi would have had a hard time when the work load increases in junior high school.

First, Dr. Hong was able to stabilize her vision and stop her from becoming more nearsighted as quickly. She prescribed Paragon CRT® lenses (corneal refractive therapy), a safe, non-surgical approach, that allows Christi to sleep in the contact lenses that mold her cornea overnight, so she can see clearly all day long without glasses or contact lenses!

To fix the problems with how her eyes were working together when she was reading, Dr. Hong prescribed a program of vision therapy. While I didn't expect much improvement, I wanted to be sure I did everything to help my daughter. I was pleased to see that she is no longer squinting, is less temperamental and more efficient. Her homework gets done quicker, she is less fatigued and frustrated when she is done and no longer gets headaches. In fact, Christi said the way she used to see was like using a digital camera, where there is a delay in getting the picture in focus.

In short, we are also delighted that a year later, there has been no change in her prescription! She sees clearly and comfortably all day long and her nearsightedness is not getting worse with the use of her CRT lenses and work in vision therapy!

Last and most important, as parents we always want to help our children reach their potential. However we can make their life easier, we want to do it. I had no idea how her eyes were holding her back, and am delighted we were able to help her with vision therapy. It was a lot of work, but worth the dollars

spent. Knowing that she will have good vision and visual skills to help her reach her potential is very comforting.

Mrs. Wong, Christi's Mom