

## A Father's and Daughter's Vision Therapy Success Story:

“Eva had disengaged at school and refused to participate in class activities that involved reading as a group. She had difficulties paying attention in class and was easily distracted when doing school work. Fortunately, Eva was referred to your office and we found out she had a vision problem.



Eva says, ‘Now that I finished Vision Therapy it's easier for me to read longer words in smaller fonts and keep my place on the page in books. I now can read together with my friends.’ Eva joins her friends reading Warrior books at a lunchtime book club. Recently she performed a lead role in a class theater project, having the confidence to read on stage, in front of an audience (this would not have been possible without vision therapy!).



In addition, many experts have told me over the last 40 years that I would not be able to use my right eye and that I never would have stereo vision due to amblyopia (a lazy eye). But, after my daughter was referred to Carole Hong for vision therapy, I got interested in the literature supporting this field. An interview on NPR with Susan Barry, author of 'Fixing my Gaze', encouraged me to read her book and learn how vision therapy was able to help an adult obtain stereo vision and see in three dimensions. I was interested in giving vision therapy a try myself, especially after observing Eva's progress.

Working with Carole and her team has been a very interesting and rewarding journey. My visual acuity has significantly improved and the many different exercises have trained my eye, and brain to process images from both eyes. I can now enjoy 3D movies with Eva (homework for vision therapy!). As an avid nature photographer, I have also come to appreciate forests and trees in a completely different way.

I wish I had known about vision therapy at my daughter's age. Even now I am very happy to have gained use of my right eye and especially the depth perception that came with it. Without the referral to Family Vision Care by Dr. Leslee Belzer who suspected an underlying vision problem with Eva, none of this would have been possible for either of us!”