

STUDENT SYMPTOM CHECKLIST FOR:

Please review this checklist and mark the symptoms that occur frequently with two checks (√√) and those that occur occasionally with one check (√).

1. ___ Close working distance or poor posture while reading/writing
2. ___ Loses place/Skips words/Skips lines while reading or copying
3. ___ Substitutes words while reading or copying
4. ___ Rereads words or lines
5. ___ Reverses letters, numbers or words
6. ___ Uses a finger or marker to keep place while reading/writing
7. ___ Is on Autism Spectrum, or has CP, NLD or other LD issues
8. ___ Poor reading comprehension
9. ___ Squints, closes, or covers one eye while reading
10. ___ Tilts head when reading/writing
11. ___ Headaches following intense reading/computer work
12. ___ Eyes hurt or feel tired after completing a visual task
13. ___ Double vision
14. ___ Vision blurs at distance when looks up from near work
15. ___ Letters or lines “run together” or words “jump” when reading
16. ___ Print seems to move or go in and out of focus
17. ___ Poor spelling skills
18. ___ Writing is crooked or poorly spaced
19. ___ Misaligns letters or numbers
20. ___ Makes errors copying
21. ___ Difficulty tracking moving objects (ex. following a ball)
22. ___ Unusual clumsiness, poor coordination
23. ___ Difficulty with sports involving good eye-hand coordination
24. ___ Eye turns in or out
25. ___ Sees more clearly with one eye than the other
26. ___ Feels sleepy while reading

27. ___ Reads very slowly or takes forever to do homework
28. ___ Dislikes or avoids tasks requiring sustained concentration
29. ___ Short attention span
30. ___ Confuses right and left directions
31. ___ Becomes restless when working at his/her desk
32. ___ Tends to lose awareness of surroundings when concentrating
33. ___ Must “feel/touch” things to see them
34. ___ Carsickness
35. ___ Excessive blinking
36. ___ Unusual eye rubbing
37. ___ Dry eyes
38. ___ Watery eyes
39. ___ Red eyes
40. ___ Eyes bothered by light

Scoring

Score 3 points each for items #1-30

Score 2 points each for items #31-37

Score 1 point each for items #38-44

Note:
Score Double points for every item with two checks.

Criteria

Student(s) scoring 15+ points:

15-20= Possible functional vision problems.

20-30= Probable functional vision problems.

Over 30= Definite functional vision problems.

15+ points:
Consult a Developmental Optometrist

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